



CHICAGO ATHLETIC
EST. ASSOC. 1890

IN-ROOM DINING MENU

For ice requests or to place an order:

Dial "In Room Dining" on your house phone.

Athletes eat and train, they don't diet and exercise.

BREAKFAST

7 am to 11 am Monday & Tuesday
5 am to 11 am Wednesday - Sunday

CONTINENTAL \$18

house-baked pastries, jams, whipped butter, fresh juice, and coffee or tea
v

*THE HOME PLATE \$21

two eggs any style, choice of bacon, chicken, or pork sausage, fingerling potatoes
gf, nf

*OMELETTE \$22

whole eggs or egg whites, fingerling potatoes
nf

choose three:

tomatoes, onions, peppers, ham, bacon,
sausage, mushrooms, spinach, cheddar cheese, swiss cheese

*BREAKFAST SANDWICH \$24

everything bagel, choice of bacon or sausage, fried egg, cheddar, tomato chutney,
arugula, fingerling potatoes
nf

BAGEL & LOX PLATE \$25

choice of everything or plain bagel, chive cream cheese, grilled balsamic onions,
cherry tomato, capers, lemon
nf

*STEAK AND EGGS \$34

grilled sirloin steak, choice of eggs, fingerling potatoes, herb butter
nf, gf

*TRADITIONAL EGGS BENEDICT \$22

toasted english muffin, canadian bacon, poached eggs, hollandaise, fingerling potatoes
nf

*SMOKED SALMON EGGS BENEDICT \$24

toasted english muffin, baby spinach, smoked salmon lox, poached eggs, hollandaise, fingerling potatoes
nf

BELGIAN WAFFLES \$19

maple syrup, whipped butter, fresh berries, sweet cream
v, nf

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*This food item contains raw ingredients or undercooked ingredients.
Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk
may increase your risk of foodborne illness.

All prices are subject to prevailing sales tax and \$3.00 delivery fee. A service charge of 20% will be added to all checks.

BREAKFAST (cont.)

7 am to 11 am Monday & Tuesday

5 am to 11 am Wednesday - Sunday

BUTTERMILK PANCAKES \$18

blueberries, banana, powdered sugar, maple syrup
v, nf

***AVOCADO TOAST \$21**

sliced avocado, poached egg, arugula, pickled shallot, tomato chutney, toasted sourdough
nf, df, v

STEEL CUT OATMEAL \$12

cinnamon, local honey, banana, blueberries, toasted walnuts
v, df

YOGURT & GRANOLA BOWL \$18

fresh berries, honey granola, greek yogurt, mint
gf, v

ASSORTED CEREALS \$8

Kellogg's Raisin Bran

Kellogg's Special K

Kellogg's Frosted Flakes

Kellogg's Mini Wheats

Kellogg's Corn Flakes

Kellogg's Rice Krispies

Kashi Honey Toasted Oats

v, nf

MIXED BERRY SMOOTHIE \$12

mixed berries, orange juice, yogurt, agave
gf, v, nf

MANGO AND PINEAPPLE SMOOTHIE \$13

mango, pineapple, yogurt, orange juice, agave
gf, v, nf

SIDES

*Two eggs any style \$8

Applewood Smoked Bacon \$9

Pork Sausage \$9

Chicken Sausage \$9

Fingerling Potatoes \$8

Fresh Fruit \$8

Toast \$5

Bagel and Cream Cheese \$7

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ALL DAY MENU

11 am to 10 pm
daily

SALADS & STARTERS

*CAESAR SALAD \$16

romaine and escarole, celery, dill, shaved parmesan, sourdough crouton, anchovy caesar dressing
nf
add chicken \$8

MIXED GREEN SALAD \$15

assorted lettuces, cucumber, shaved vegetables, tomato, french vinaigrette
gf, nf, vg
add chicken \$8

TOMATO BISQUE \$13

sourdough crouton, cherry tomato, chive
v, nf

LARGE PLATES

*includes choice of french fries
substitute petite caesar salad or onion rings for \$2*

BUTTERMILK FRIED CHICKEN STRIPS \$26

coleslaw, ranch, chile lime yogurt
nf

*CLASSIC PRIME BURGER \$25

substitute beyond burger for \$3
prime beef patty, lettuce, tomatoes, onion, pickles, choice of white cheddar
or swiss cheese, roasted garlic mayonnaise, brioche bun
nf

TURKEY BLT \$22

swiss, bacon, lettuce, tomato, dijonnaise, toasted sourdough
nf

CLASSIC REUBEN \$22

shaved corned beef, sauerkraut, swiss, 1000 island dressing, toasted rye
nf

GRILLED CHEESE \$18

havarti, white cheddar, toasted sourdough
nf, v

FISH & CHIPS \$28

cod, cabbage and fennel slaw, tartar sauce, lemon, fries
nf

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ALL DAY MENU (cont.)

11 am to 10 pm
daily

SIDES

French Fries \$6
*Caesar Salad nf \$7
Chicken Breast \$8

KIDS MENU

Chicken Tenders and Fries nf \$13
Grilled Cheese Sandwich and Fries v, nf \$11
Mac and Cheese v, nf \$10
Fresh Mixed Berries \$10

DESSERTS

HOUSEMADE ICE CREAM

one scoop \$8
three scoops \$18
choice of: roasted vanilla, chocolate, chef's choice sorbet
gf, v, nf

MILK AND COOKIES \$12

chocolate chip v, nf
snickerdoodle v, nf
peanut butter v
milk of your choice: 2%, whole, almond, soy, or oatmilk

BROWNIE SUNDAE \$16

roasted vanilla ice cream, brownie bites, chocolate sauce, whipped cream
v, nf

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BEVERAGES

available daily

BOTTLED WATER

Still (1 liter) \$9
Sparkling
small (8.5 oz) \$6
large (1 liter) \$9

JUICES \$6

orange
grapefruit
cranberry
apple
tomato

CARBONATED BEVERAGES \$5

coke
diet coke
sprite

COFFEE

small french press (serves 2 cups) \$6
large french press (serves 4 cups) \$12

RISHI TEA \$6

Herbal Tea
turmeric ginger
chamomile medley
peppermint

Black Tea
english breakfast
earl grey
masala chai

Green Tea
matcha super green tea
jasmine

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BEVERAGES (cont.)

BEERS

Miller Lite \$7
Milwaukee, Wisconsin

Modelo \$8
Mexico

Rotating Funkytown \$9
Chicago

Noon Whistle Gummylicious Hazy IPA \$9
Lombard, IL

WINE

By the Bottle

RED

Truchard Cabernet Sauvignon, Carneros/Napa Valley, California \$112

Hedges Estate Red Blend, Washington \$88

Chicago Athletic Association Private Label, Pinot Noir, Willamette Valley, OR \$80

WHITE

McBride Sisters Sauvignon Blanc, Marlborough, New Zealand \$64

Pazo Señoráns Albariño, Rias Baixas, Spain \$72

Boira' Pinot Grigio, Veneto \$64

SPARKLING/ROSÉ

Francois Montand Brut NV, Jura \$64

La Fete du Rose, Cotes de Provence, France \$72

Mionetto Prestige Prosecco Brut 187 ml \$16/\$64

COCKTAILS

CINDY'S OLD FASHIONED

\$32: 7oz (2 servings)

Russell's Reserve 10yr Bourbon, Angostura, Demerara

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SHAKE SHACK

11 am to 10 pm Sunday - Thursday
10:30 am - 11 pm Friday and Saturday

BURGERS

100% all-natural Angus beef. No hormones and no antibiotics ever. Our proprietary Shack blend is freshly ground. All burgers are cooked medium unless otherwise requested. Served on a non-GMO potato bun.

*ShackBurger® \$7.49

cheeseburger, lettuce, tomato, ShackSauce
double \$9.99
add bacon \$1.99

*SmokeShack® \$8.99

cheeseburger, all-natural applewood smoked bacon,
chopped cherry pepper, ShackSauce
double \$11.99

'Shroom Burger (V) \$9.49

fried portobello mushroom, Muenster and cheddar
cheeses, lettuce, tomato, ShackSauce

*Shack Stack® \$12.49

cheeseburger, shroom burger, lettuce, tomato,
ShackSauce

*Hamburger \$6.99

choice of lettuce, tomato, pickle, onion, ShackSauce
double \$9.99
add bacon \$1.99

FLAT TOP DOGS

100% all-natural Angus beef. No hormones and no antibiotics ever. Split and griddled crisp. Served on a non-GMO potato bun.

Hot Dog \$4.49

Vienna Beef dog
add Shack cheese sauce \$1.00

CHICKEN

100% all-natural cage-free chicken. No hormones and no antibiotics ever. Served on a non-GMO potato bun.

Chick'n Shack \$8.99

Crispy chicken breast with lettuce, pickles,
buttermilk herb mayo

SIDES

Fries \$4.49

Cheese Fries \$5.99

FROZEN CUSTARD

Our dense, rich and creamy ice cream-spun fresh daily right here at the Shack! Our vanilla and chocolate recipes use only real sugar, no corn syrup, and milk from dairy farmers who pledge not to use artificial growth hormones.

Shakes \$6.49

vanilla

chocolate

black & white

strawberry

make it malted 0.50

add whipped cream 0.50

Floats \$6.49

creamsicle

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OVERNIGHT MENU

10pm-5am Tuesday - Saturday

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